

Breakfast

(Mon.-Fri.: 8am-11am)

Arepas

- 1) Egg & Cheese w. bacon, chorizo or ham . 5.00
- 2) Egg, Onion, & Tomato..... 4.00
- 3) Brie & Mango 5.00
- 4) Egg, Cheese, & Avocado 5.00
- 5) Steak, Egg, & Cheese 5.00

Substitute for a Maybach Arepa \$1.50

Egg Sandwiches

- The Regular 4.75
Egg, bacon, cheese
- The Morning After..... 6.50
Egg, bacon, avocado, cheese, lettuce, tomato, mayo
- Strong Island..... 7.50
Egg, roast beef, mozzarella, onion, pepper
- The Black Rock..... 7.50
Oaxaca potatoes, eggs, cheese, mayo, bacon

Omelets

- All Omelets..... 10.50
served with rice & beans, plus toast or Oaxaca potatoes
- 1) Avocado & Cheese
 - 2) Onion, Pepper, Tomato, & Queso Blanco
 - 3) Ham, Swiss, & Spinach
 - 4) Nacho Omelet
 - 5) Chorizo, Onion, & Pepper
 - 7) Carne Mechada & Queso
 - 8) Dozen Veggie & Queso
 - 9) Plantain, Ham, & Queso
 - 10) Brie & Mango
 - 11) The Vermonter (apples, bacon, cheddar)

Breakfast Tipico

- 2 eggs your way with rice, beans, avocado, and plantains 8.50

Chilaquiles

- The Red One \$15.00
- The Green One \$15.00
3 egg over sautéed tortillas chips, chicken, red onions, sour cream and avocado

Pancakes

- Stack of three served with fresh fruit 8.00

French Toast

- Two slices served with fresh fruit 8.00
- Monkey Boy \$13.00
nutella, bananas, with eggs your way
- Dulce De Leche & Apple..... \$13.00
Cheddar scrambled egg
- Hey Little Piggy \$13.00
Pernil, eggs over easy, bacon, queso

Tortilla Wraps

- Egg Wrap 6.50
Egg, chorizo, cheese, black beans, onion, jalapeño
- Veggie Wrap 6.25
Egg, avocado, cheese, mushroom, onion, tomato, roasted red pepper
- Bacon Wrap..... 5.75
Egg, bacon, cheese, onion, tomato
- Red Smitty 5.75
Egg, cheese, chipotle, chorizo
- Baliadas 5.75
Paper thin tortilla filled with black beans, egg, cheese

Breakfast Sides..... 4.50

- | | |
|--------------|------------------------|
| Chorizo | Oaxaca Potatoes |
| Bacon | Queso Blanco the Frito |
| Avocado | Plantains Ham |
| Rice & Beans | Eggs |
- Dulce de Leche Muffins..... 3.50
- Isla Bonita Fruit Salad 5.00

Beverages

Batidos 4.50 / 6.00

Fresh fruit blended with milk and ice.

(with soy milk add \$0.50)

- | | | | |
|---------------|---------|-----------|---------|
| Mango | Papaya | Melon | Guava |
| Pineapple | Banana | Avocado | Berries |
| Chocolate | Vanilla | Guanabana | |
| Passion Fruit | | | |

Jugos 4.50 / 6.00

Juiced to order:

- | | | | |
|---------------|---------|-------|--------|
| Mango | Papaya | Melon | Orange |
| Pineapple | Carrot | Beet | Apple |
| Ginger | Berries | Guava | |
| Passion Fruit | | | |

Hot Coffee and Tea..... 2.50

Tropical Iced Tea..... 3.00

Chi Cha 5.50

Dulce de Leche Coffee..... 4.50

Venezuelan Hot Chocolate..... 4.50

Venezuelan Hot Caramel Chocolate 4.50

Freshly Frozen Lemonade/Limeade . 6.50 (In season)

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with all your party essentials.*

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- | | |
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Breakfast and Lunch Menu

Valencia Luncheria

164 Main Street,
Norwalk, CT 06851

T: 203-846-8009

Breakfast
Mon.-Fri. 8-11, Sat.-Sun. 8-4

Lunch
Everyday 11-4

Dinner
Sun.-Thurs. 4-9, Fri.-Sat. 4-10

Brunch
Saturday/Sunday 10-4

**And Some Holidays!

All items available fresh
for take-out or dine in

Arepas

A Venezuelan handmade corn cake

fried or skillet roasted stuffed w. your choice of fillings

Aphrodite (mango, avocado)	5.50
Brie & Mango	5.00
Carne Mechada (shredded beef)	5.25
Casio (mozzarella, tomato, basil)	5.25
Chef (chipotle-jalapeño cheese steak)	6.00
Chicken Tamarillo (chicken stew)	5.25
Chorizo	4.75
Domingo (spinach, bacon, onion, queso)	5.25
Domino (black bean, queso blanco)	4.50
Dulce (fennel seed, melted queso)	4.75
Egg & Cheese	4.50
Erik (ham, brie, mango)	5.25
Ham & Cheese	4.75
Jenny (chicken, cheese, spinach)	5.00
Josie (peanut butter, jelly)	4.75
JPC (grilled chicken, bacon, honey mustard)	6.75
La Bonita (avocado, queso)	4.75
Luisito (bacon, queso blanco, avocado)	4.75
Pernil (Venezuelan pork roast)	4.75
Real Deal (chorizo, mozzarella)	5.00
Reina (chicken salad, avocado)	4.75
Ruby (plantain, queso blanco)	4.50
Spinach & Cheese	4.75
Vivian (coco rice cake, dulce, banana)	5.75
Zach (crispy chicken, honey)	5.00

Substitute for a Maybach Arepa \$1

Maybach Arepas

Carlo	6.25
<i>Fennel arepa, chicken, avocado, queso</i>	
Lucas' Fire	8.75
<i>Chili Arepa, hanger steak, pico, fire crema</i>	
Sloppy Mikey	5.50
<i>Queso blanco & cheddar arepa, carne molida, salsa rosa</i>	
TOTGA	5.75
<i>Everything arepa, ground beef, bacon, cream cheese</i>	

Empanadas \$3.75

Pastry Dough Stuffed and Fried

Chicken Tamarillo	Beef Picadillo
Spinach & Cheese	Ham & Cheese
Black Bean & Cheese	Chipotle Pork
Cubano	Chorizo & Pepper
Caprese	Three Cheese
Cheeseburger	Guava & Mozzarella
Chocolate & Plantain	
Nutella & Peanut Butter	
Curried Cauliflower & Ricotta	
Nutella & Cream Cheese	
Apple & Dulce de Leche	

Burritos \$12

Flour tortilla packed with rice, beans, lettuce, tomato, queso blanco, onion, avocado, sour cream

Baja Fish	Chipotle Chicken
Beef & Jalapeño	Blackened Turkey
Ceviche	Veggie & White Bean
Pulled Pork	Chorizo

Main Street Bowls \$12

Corn quinoa, Sweet potato &

Black bean salsa, Vigeron, Baby spinach

Add to any Bowl:

Chicken \$6 Steak \$8 Shrimp \$8 Salmon \$8

Sides

Lunch Sides \$4.50

Rice & Beans	Half Avocado	Tostones
Sweet Plantains & Sour Cream		
Daily Vegetables	Pico de Gallo	
Guacamole	Yucca Fries	Chorizo
Chili Lime Corn on the Cob	Vigeron	
Sweet potato & black bean salsa	Corn quinoa	

Sauces: Chipotle & Guasacaca ... 7/12/20

Ceviche

Small \$12 Large \$18

Fresh shrimp and scallops intensely cooked in citrus juices, with red onion, cilantro, and red pepper

Lunch Specials

(11:00-3:30)

Black Bean and Sour Cream Soup	6.00
Daily Special Soup	M/P

Add to any salad:

Chicken \$7 Steak \$9 Shrimp \$9 Salmon \$9

Ensalada de Casa 8.00

Queso blanco, tomato, bacon, avocado, and soy balsamic vinaigrette

Mesclun Salad 9.00

Candied pecans, grilled apples, blue cheese, and sherry vinaigrette

Chopped Salad..... 9.00

Mozzarella, roasted red peppers, olives, tomato, cucumber, carrot, onion, and balsamic vinaigrette

Grilled Chicken Salad 11.50

White beans, tomato, corn, avocado, cucumber, ranch dressing

Half a Cuban Sandwich and

a Cup of Soup 9.50

Lobster Enchilada 17.50

Arepa Combo 11.00

One arepa with your choice of filling, plus rice, beans, plantains, avocado

Empanadas Combo..... 12.00

Any 2 empanadas plus rice, beans, plantains, avocado

Ceviche Combo..... 12.00

Yellow corn arepa with fresh ceviche, salad, & tostones

Works 14.00

Choice of one arepa and one empanada, with rice, beans, ceviche, plantains, & avocado

Pabellon Criollo Beef or Chicken.. 13.50

Mechada, rice, beans, queso blanco, plantains

Blackened Tilapia 17.50

With coconut rice and Veracruz sauce

Blue Plate (Mon - Fri) 11.00

Chef's daily special plus choice of one side. Each additional side \$0.50 (rice, beans, plantains, tostones, avocado, daily veg, side salad)

Sandwiches

Tostones Lechon 15.00

Pulled roasted pork, pickles, onions, jalapeños, fire crema, lettuce, queso blanco

Cuban 10.75

Roasted pork, tavern ham, prosciutto, swiss

Oaxaca Cheese Steak 11.00

Ancho seared strip steak, jalapeños, onions, mozzarella, tomato

The Bryan 10.50

Chicken cutlet, mozzarella, lettuce, tomato, onion, mayo, oil, vinegar

Chicken Fajita Wrap 10.00

Grilled chicken, onions, peppers, lettuce, tomato, sour cream

Turkey Club Wrap 10.00

House roasted turkey, bacon, lettuce, tomato, mayo

Media Noche 10.00

Pressed wrap of turkey, plantains, bacon, grilled onions, mozzarella

Valencia Wrap 10.00

Chorizo, bell peppers, frizzled onions, mozzarella

Crispy Cauliflower Wrap 10.00

White beans, basil mayo, parmesan, mesclun

Spicy Tilapia 14.00

Habanero crema, lettuce, tomato, and mango pico de gallo

Chicken Salad Melt 10.00

Lettuce, tomato, bacon, cheese, avocado, toasted whole wheat

Pernil Banh Mi 11.00

Pernil, cucumber, jalapeño, mayo, mango, red onion, cilantro

Homemade Desserts

Valencia Flan 5.00

Arroz con Leche 5.00

Isla Bonita Fruit Salad 5.00

Chocolate Banana Bread Pudding... 6.50

Coconut Rum Tres Leches 6.50

Dulce de Leche Muffin 3.50

Frozen Hot Chocolate 8.50